

Workshop Schedule

Gottman Level 2 Professional Training

Day 1

8.00am	Registration opens, tea and coffee available
8.30am	Welcomes, the Basics of Observation and Assessment overview
10.30am	Morning tea break
10.50am	Oral History interview, group roleplay, Individual and Core assessments
12.30pm	Lunch Break
1.15pm	Domestic Violence and Feedback Session
3.00pm	Afternoon tea break
3.20pm	Group Roleplay, Interventions overview, gentle start up
4.30pm	Questions/Finish

Day 2

8.00am	Wake up coffee and tea
8.30am	Introducing Steve and Crysta,
9.00am	PTSD
10.15am	Morning Tea Break
10.30am	4 Horsemen and flooding, group roleplay
12.15pm	Lunch Break
1.00pm	Addiction
2.10pm	Gottman Rapoport Intervention and group roleplay
3.00pm	Afternoon Tea Break
3.20pm	Dan Wile and Group Roleplay
4.10pm	Internal Working Model
4.30pm	Questions/Finish

Day 3

8.00am	Wake up coffee and tea
8.30am	Affairs,
10.15am	Morning Tea Break
10.30am	Dreams within Conflict, Group roleplay
11.30am	Compromise and Group Roleplay
12.30pm	Lunch Break
1.15pm	Aftermath of a fight and group roleplay
2.25pm	Overview of Friendship system, I appreciate exercise
2.50pm	Afternoon Tea Break
3.10pm	Stress Reducing conversation and Group Roleplay
4.00pm	Rituals of connection
4.20pm	Next steps
4.30pm	Questions/Finish