Workshop Schedule

Gottman Level 2 Professional Training

Day 1

8.00am  Registration opens, tea and coffee available
8.30am  Welcomes, the Basics of Observation and Assessment overview
10.30am Morning tea break
10.50am Oral History interview, group roleplay, Individual and Core assessments
12.30pm Lunch Break
1.15pm  Domestic Violence and Feedback Session
3.00pm  Afternoon tea break
3.20pm  Group Roleplay, Interventions overview, gentle start up
4.30pm  Questions/Finish

Day 2

8.00am  Wake up coffee and tea
8.30am  Introducing Steve and Crysta,
9.00am  PTSD
10.15am Morning Tea Break
10.30am 4 Horsemen and flooding, group roleplay
12.15pm Lunch Break
1.00pm  Addiction
2.10pm  Gottman Rapoport Intervention and group roleplay
3.00pm  Afternoon Tea Break
3.20pm  Dan Wile and Group Roleplay
4.10pm  Internal Working Model
4.30pm  Questions/Finish

Day 3

8.00am  Wake up coffee and tea
8.30am  Affairs,
10.15am Morning Tea Break
10.30am Dreams within Conflict, Group roleplay
11.30am Compromise and Group Roleplay
12.30pm Lunch Break
1.15pm  Aftermath of a fight and group roleplay
2.25pm  Overview of Friendship system, I appreciate exercise
2.50pm  Afternoon Tea Break
3.10pm  Stress Reducing conversation and Group Roleplay
4.00pm  Rituals of connection
4.20pm  Next steps
4.30pm  Questions/Finish