We would like to get an idea of how your marriage stands right now. Please answer all the questions below by circling TRUE or FALSE for each item with regard to how things stand right now. For items that are true, please indicate what year the item began to be true.

1. I have made specific plans to discuss separation or divorce with my spouse. I have considered what I would say, etc.  
   FALSE  TRUE Year _______

2. I have set up an independent bank account in my name in order to protect my own interests.  
   FALSE  TRUE Year _______

3. Thoughts of divorce occur to me very frequently, as often as once a week or more.  
   FALSE  TRUE Year _______

4. I have suggested to my spouse that I wished to be separated, divorced, or rid of him/her.  
   FALSE  TRUE Year _______

5. I have thought specifically about divorce or separation. I have thought about who would get the kids, how things would be divided, pros and cons, etc.  
   FALSE  TRUE Year _______

6. My spouse and I have separated. This is a (check one) ____ trial separation or ____ legal separation.  
   FALSE  TRUE Year _______

7. I have discussed the question of my divorce or separation with someone other than my spouse (trusted friend, psychologist, minister, etc.).  
   FALSE  TRUE Year _______

8. I have occasionally thought of divorce or wished that we were separated, usually after an argument or other incident.  
   FALSE  TRUE Year _______

9. I have discussed the issue of divorce seriously or at length with my spouse.  
   FALSE  TRUE Year _____

10. I have filed for divorce, or we are divorced.  
    FALSE  TRUE Year _______

11. I have made inquiries of nonprofessionals as to how long it takes to get a divorce, grounds for divorce, costs involved, etc.  
    FALSE  TRUE Year _______

12. I have contacted a lawyer to make preliminary plans for a divorce.  
    FALSE  TRUE Year _______

13. I have consulted with a lawyer or other legal aid about the matter.  
    FALSE  TRUE Year _______

14. I have considered divorce or separation a few times, other than during or after an argument, although only in vague terms.  
    FALSE  TRUE Year _______